Shade Vegetable Gardens

You can still grow healthy, delicious vegetables in areas where you only have dappled shade, or you only have a few hours of morning sun and shade the rest of the day.

The following do well with less than full sun:

General

Arugula

Beets

Broccoli

Brussel sprouts

Cabbage

Cauliflower

Chard

Dandelion greens

Kale

Endive

Kohlrabi

Lettuce

Mustard Greens

Pak choi

Parslev

Parsnips

Sorrel

Potatoes

Radiccio

Spinach

Swiss Chard

Turnips

Pole beans

Perpetual Spinach

Alliums

Chives

Onions

Garlic

Leeks

Shallots

Continued on other side



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Herbs

Angelica Borage Caraway Lovage Mint Thyme

Legumes

Beans Peas

Berries

Blackberries Currants Gooseberries Raspberries Strawberries



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